

Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dish of the Day Beef meatballs with tomato sauce and grated parmesan</p>	<p>Dish of the Day Braised lamb and vegetable casserole</p>	<p>Dish of the Day Chicken curry & Naan bread (Bread contains gluten)</p>	<p>Dish of the day Roast Gammon served with pineapple and Gravy</p>	<p>Dish of the day Jumbo hotdog in a roll with onions (Contains gluten)</p>
<p>Vegan Option Mushroom & spinach wraps (Contains gluten)</p>	<p>Vegan Option Bean and squash stew</p>	<p>Vegan Option Chickpea, mushroom & spinach masala</p>	<p>Vegetarian Option Roasted vegetable quiche (Contains gluten and dairy)</p>	<p>Vegan Option The best vegan burger in a floured bun (Contains gluten)</p>
<p>Sides Penne pasta Garlic flat bread (Contains gluten) Green beans</p>	<p>Sides Mash Carrots & peas</p>	<p>Sides Braised rice Green beans Cumin cauliflower</p>	<p>Sides Roast Potatoes Vegetable medley</p>	<p>Sides Shoestring fries Baked Beans Baby corn</p>
<p>Jacket Bar Jacket Potatoes Baked Sweet Potatoes & Selection of Toppings</p>	<p>Pasta Bar Squash & spinach fusilli (Contains gluten)</p>	<p>Jacket Bar Jacket Potatoes Baked Sweet Potatoes & Selection of Toppings</p>	<p>Pasta Bar Pasta shells with a Tomato and Basil Sauce, Grated Cheddar (Contains gluten & dairy)</p>	<p>Jacket Bar Jacket Potatoes Baked Sweet Potatoes & Selection of Toppings</p>
<p>Dessert Mixed berry pavlova (Contains dairy)</p>	<p>Dessert Syrup sponge and cream (Contains gluten)</p>	<p>Dessert Mixed yoghurt & fresh fruit bar (Contains dairy)</p>	<p>Dessert Jam tart with custard (Contains gluten, custard contains dairy)</p>	<p>Dessert Healthy Chocolate brownie (Contains gluten & egg)</p>

Freshly prepared salad bar, fresh fruit and yoghurt bar are available daily