

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dish of the Day Penne pasta with tomato & roasted vegetable sauce (Contains gluten)</p>	<p>Dish of the Day Lemon & herb marinated chicken breast</p>	<p>Dish of the Day Slow cooked beef chilli with nacho chips (Nachos contain Gluten)</p>	<p>Dish of the day Roast Turkey breast with home made gravy</p>	<p>Dish of the Day Crispy Breaded Fillet of cod with Tartar Dip (Contains gluten)</p>
<p>Alternative Option BBQ Pork loin & pepper kebabs With rice</p>	<p>Vegetarian Option Cheese & onion stuffed jacket potatoes (Contains dairy)</p>	<p>Vegetarian Option Vegi mince chilli with nacho chips (Nachos contain Gluten)</p>	<p>Vegetarian Option Roast quorn fillet with home made gravy</p>	<p>Vegetarian Option Crispy Breaded Fishless fish with Tartar Dip (Contains gluten)</p>
<p>Sides Sweetcorn Steamed broccoli</p>	<p>Sides sauté new potatoes Veg medley</p>	<p>Sides Braised Rice Steamed corn Salsa Dip /Sour Cream (Sour cream contains dairy)</p>	<p>Sides Roast Potatoes Cauliflower Carrots</p>	<p>Sides Fries Baked Beans Garden Peas</p>
<p>Dessert Rice pudding with fruit sauce (Contains dairy)</p>	<p>Dessert Chocolate & orange cake (Contains gluten & egg)</p>	<p>Dessert Strawberry cheesecake (Contains gluten & dairy)</p>	<p>Dessert Apple crumble with custard (Custard contains dairy)</p>	<p>Dessert Ice cream with fruit compote (Contains dairy)</p>

Freshly prepared salad bar, fresh fruit and yoghurt bar are available daily