

# Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Dish of the Day Penne pasta with tomato &amp; roasted vegetable sauce <b>(Contains gluten)</b></p>	<p>Dish of the Day Lemon &amp; herb marinated chicken breast</p>	<p>Dish of the Day Slow cooked beef chilli with nacho chips <b>(Nachos contain Gluten)</b></p>	<p>Dish of the day Roast Turkey breast with home made gravy</p>	<p>Dish of the Day Crispy Breaded Fillet of cod with Tartar Dip <b>(Contains gluten)</b></p>
<p>Alternative Option BBQ Pork loin &amp; pepper kebabs With rice</p>	<p>Vegetarian Option Cheese &amp; onion stuffed jacket potatoes <b>(Contains dairy)</b></p>	<p>Vegetarian Option Mixed bean burrito with sour cream &amp; salsa <b>(Contains gluten)</b></p>	<p>Vegetarian Option Vegetable cottage pie</p>	<p>Vegetarian Option Cheddar and tomato quiche <b>(Contains gluten, dairy &amp; egg)</b></p>
<p>Sides Sweetcorn Steamed broccoli</p>	<p>Sides sauté new potatoes Veg medley</p>	<p>Sides Braised Rice Steamed corn Salsa Dip /Sour Cream <b>(Sour cream contains dairy)</b></p>	<p>Sides Roast Potatoes Cauliflower Carrots</p>	<p>Sides Fries Baked Beans Garden Peas</p>
<p>Jacket Bar Jacket Potato's Baked Sweet Potatoes &amp; Selection of Toppings</p>	<p>Pasta Bar Squash &amp; spinach fusilli <b>(Contains gluten)</b></p>	<p>Jacket Bar Jacket Potatoes Baked Sweet Potatoes &amp; Selection of Toppings</p>	<p>Pasta Bar Macaroni cheese <b>(Contains gluten &amp; dairy)</b></p>	<p>Jacket Bar Jacket Potato's Baked Sweet Potatoes &amp; Selection of Toppings</p>
<p>Dessert Rice pudding with fruit sauce <b>(Contains dairy)</b></p>	<p>Dessert Chocolate &amp; orange cake <b>(Contains gluten &amp; egg)</b></p>	<p>Dessert Strawberry cheesecake <b>(Contains gluten &amp; dairy)</b></p>	<p>Dessert Apple crumble with custard <b>(Custard contains dairy)</b></p>	<p>Dessert Ice cream with fruit compote <b>(Contains dairy)</b></p>

Freshly prepared salad bar, fresh fruit and yoghurt bar are available daily