



# Eat 2 Achieve

@ St Piran's

## Week 2



| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|--|---|--|---|--|
| <p>Dish of the Day<br/>Beef Balti<br/>With naan bread<br/><b>(Naan contains gluten &amp; dairy)</b></p> <p>Vegan Option<br/>Bean Burrito with slaw &amp; salsa</p> <p>Sides<br/>Pilau rice<br/>Broccoli &amp; cauliflower</p> <p>Jacket Bar<br/>Jacket Potato<br/>Baked Sweet Potatoes &amp; Selection of Toppings</p> <p>Dessert<br/>Yoghurt with fruit compote<br/><b>(contains dairy)</b></p> | <p>Dish of the Day<br/>Sticky BBQ Chicken thighs</p> <p>Vegan Option<br/>Roasted Vegetable Kebab</p> <p>Sides<br/>Crispy baked wedges<br/>Green beans<br/>Sweetcorn</p> <p>Pasta Bar<br/>Penne Pasta with Tomato &amp; roasted peppers Sauce</p> <p>Dessert<br/>Lemon drizzle cake<br/><b>(contains gluten)</b></p> | <p>Dish of the Day<br/>Cumberland sausages<br/><b>(Contains gluten)</b></p> <p>Vegan Option<br/>Stir-Fried vegetables with Soy and Egg Noodles</p> <p>Sides<br/>Mashed potatoes<br/>Garden peas<br/>Steamed carrots</p> <p>Jacket Bar<br/>Jacket Potato<br/>Baked Sweet Potatoes &amp; Selection of Toppings</p> <p>Dessert<br/>Poached pears with chocolate sauce<br/><b>(Sauce contains dairy)</b></p> | <p>Dish of the day<br/>Roast Gammon served with pineapple and Gravy</p> <p>Vegan Option<br/>Buckwheat cottage pie</p> <p>Sides<br/>Roast Potatoes<br/>Vegetable Medley</p> <p>Pasta Bar<br/>Spinach and pesto fusilli</p> <p>Dessert<br/>Rice pudding<br/><b>(contains dairy)</b></p> | <p>Dish of the day<br/>Fish Fingers<br/><b>(contains gluten)</b><br/>with Tomato Ketchup</p> <p>Vegan Option<br/>Mixed bean burrito with slaw &amp; salsa<br/><b>(contains gluten)</b></p> <p>Sides<br/>Chips<br/>Baked Beans<br/>Peas</p> <p>Jacket Bar<br/>Jacket Potato<br/>Baked Sweet Potatoes &amp; Selection of Toppings</p> <p>Dessert<br/>Summer berry mousse<br/><b>(contains dairy)</b></p> |

Freshly prepared salad bar, fresh fruit and yoghurt bar are available daily