

Weekly Menu

Week Commencing:
7 Sep/28 Sep/2 Nov/23 Nov

ST PIRAN'S
kitchen

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Sponge cake <u>fresh fruit</u>	Cheese Crackers <u>Crudités & fresh fruit</u>	Bread sticks Hummus <u>Crudités & fresh fruit</u>	Pizza pin wheels <u>fresh fruit</u>	Bagels with soft cheese <u>fresh fruit</u>
Dish of the day	BBQ chicken with potato wedges	Beef lasagne served with garlic bread	Picnic day SELECTION OF FILLED SANDWICHES	Crispy pork schnitzel with peppercorn sauce served with new potatoes	Fish fingers, chips and lemon wedges Or Chef's Special
Vegetarian option	Veggie meatballs in gravy Or Potato and Aubergine kofta	Roast Vegetable lasagna with garlic infused bread Or Chickpea & pepper & seasoned rice burrito with a thyme & coriander yoghurt dip	Picnic day SELECTION OF FILLED SANDWICHES	Creamy vegetable casserole Or Vegetables and lentil cottage pie	Mexican Vegetable & Bean Fajitas served with homemade salsa
Jacket /Sweet Potato Station Or Pasta of the Day	Jacket /Sweet Potato Station Baked beans Grated cheese Tuna mayonnaise	Pasta of the Day Pasta served with a selection of Chef's sauces	Pasta of the Day served with a Selection of Chef's Sauces Jacket /Sweet Potato Station Baked Beans Grated Cheese Tuna Mayonnaise	Pasta of the Day Pasta served with a selection of Chef's sauces	Jacket /Sweet Potato Station Baked beans Grated cheese Tuna mayonnaise Coleslaw
Vegetables & Salads	Buttered Green Beans & sweet corn	Steamed Broccoli Sliced Cucumber & Tomato	Crudités	Roasted Courgetti Steamed peas	Chips, Garden peas Cucumber & tomato salad
Dessert	Toffee Yoghurt Pots Fruit salad	Flapjack Yoghurt or fruit salad	Yoghurt or fruit salad	Victoria sponge Yoghurt or fruit salad	Ice Cream Yoghurt or fruit salad



For allergen & nutritional information, please speak to a member of the team.



Crustaceans



Eggs



Tree Nuts



Mustard



Celery



Soybeans



Sesame Seeds



Milk



Fish



Peanuts



Lupin



Gluten



Sulphur Dioxide



Molluscs