

Monday

Snack
Carrot cake
fresh fruit
Crudités & fresh fruit

MEAT FREE MONDAY
Veggie biryani
Or
Falafel and garlic mayo
& flat bread with salsa or
Vegan Moroccan chickpea curry
with cous cous

Pasta of the Day
Pasta served with a Selection
of Chef's Sauces

Jacket Potato Station
Baked Beans
Grated Cheese
Tuna Mayonnaise

Vegetables
Broccoli & green beans

Dessert
Strawberry Yoghurt
Fruit salad

Tuesday

Snack
Fruity flapjack
Fresh fruit

Roast day
Chef's choice served with
roasted potato, honey roast
veg

Vegetarian option
Veggie wellington
Or

Pea and Asparagus Risotto
with Rocket and Parmesan
Shavings

Pasta of the Day
Pasta served with a Selection
of Chef's Sauces

Vegetables
Honey roast veg

Dessert
Orange and watermelon

Wednesday

Snack
Fruit cake
Fresh fruit

Dish of the day
Beef Bolognese
Or
Bacon carbonara
Or
Pasta farfalle salmon

Vegetarian option
Spinach and ricotta
Cannelloni

Pasta of the Day
Chef's choice pasta

Vegetables
Sweet corn and peas

Dessert
Pear, peach, pineapple
Squeezy chocolate cake

Thursday

Snack
Sausage rolls
Fresh fruit

Dish of the day
Chicken fajitas
with savoury Mexican rice
& tortillas

Vegetarian option
Goats cheese and red pepper
frittata
Or
Fish cake

Pasta of the Day
Pasta served with a Selection
of Chef's Sauces

Vegetables
Cauliflower cheese
Green beans

Dessert
Yoghurt or Fruit salad

Friday

Snack
Bagels with soft cheese
and orange
Crudités & fresh fruit

Dish of the day
Breaded cod fillets, coleslaw
and lemon wedges
Or
Chef's Special
Vegetarian option
Homemade cheese and
tomato pizza

Jacket Potato Station
Baked Beans
Grated Cheese
Tuna Mayonnaise
Coleslaw

Vegetables
Chips
Garden peas
Cucumber & tomato salad

Dessert
Mango cheesecake
Yoghurt or fruit salad

Fresh fruit
Dessert

A seasonal variety of different fresh cut up fruit pots is available at lunch service every day.
A dessert containing at least 50% of fruit is offered at least two or more times a week.
Full fat fruit yoghurt is available daily.
Wherever possible we reduce the amount of sugar in our cakes, puddings and dessert custards and sauces.

Please note: Ingredients may change and notification of that will be displayed in the lunch dining room before lunch.