



HYPOGLYCAEMIC POLICY

Staff caring for a diabetic child are made aware that the following symptoms, either individually or combined, may be indicators of a hypo (low blood sugar) in a pupil with diabetes:

Symptoms may include:

- Hunger or thirst
- Irritability
- Sweating
- Drowsiness
- Pallor
- Glazed eyes
- Shaking
- Lack of concentration

Procedures to be followed in the event of a hypoglycaemic attack:-

Each diabetic child will have an individual care plan outlining procedures to follow in the event of a hypoglycaemic attack.

- Test blood glucose level.
- If less than 4mmols/l or according to their NHS CarePlan & the pupil able to eat & drink give 15gms of a quick acting carbohydrate such as Jelly baby or 150mls fruit juice.
- Retest after 10 minutes or according to their NHS CarePlan
- If blood sugar has risen, then the child can resume activities once rested for 10 minutes.
- Retest blood glucose in one hour.
- If still below 4mmols/l repeat a further 15gms of a quick acting carbohydrate such as jelly baby or fruit juice.
- Suspend the insulin pump if the pupil has one until the blood glucose begins to rise.
- If pupil becomes drowsy & unable to drink but can swallow then give the hypostop or glucogel.
- Call an ambulance and parents immediately.

The pupil's hypoglycaemic kit is located in the medical room.

Reviewed by: School Nurses
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Next Review Date: May 2026