



WEEK 1



Monday

Dish of the day
Beef Hot Pot

Vegetarian option
Vegetable and Bean cassoulet

Sides
Broccoli Florets
Sweetcorn

Snack Choice
Pasta Dish Of The Day
(contains gluten)

Daily Salad Bar

Dessert
Apricot Flapjack
(contains Gluten)

Fresh Fruit
Fruit Salad
Yoghurt

Tuesday

Dish of the day
Chicken Curry
with Rice

Vegetarian option
Roasted Vegetable Omelette
(contains egg and dairy)

Sides
Naan Bread
(contains gluten)
Vegetable Medley

Snack Choice
Jacket Potatoes with
Baked Beans

Daily Salad Bar

Dessert
Eve's Pudding with Custard
(Pudding contains gluten,
custard contains dairy)

Fresh Fruit
Fruit Salad
Yoghurt

Wednesday

Dish of the day
Cumberland Pork or Vegetarian
Sausages With Gravy
(sausages contain gluten)

Vegetarian Option
Crispy Breaded Cheese and
Potato Cakes with Salsa
(contains gluten, dairy and egg)

Sides
Carrots
Garden Peas
Mashed Potatoes

Snack Choice
Pasta Dish Of The Day
(contains gluten)

Daily Salad Bar

Dessert
Angel Delight
(contains dairy)

Fresh Fruit
Fruit Salad
Yoghurt

Thursday

Dish of the day
Roast Chicken served with
Stuffing and Tasty Gravy
(stuffing contains gluten)

Vegetarian option
Cauliflower Cheese
(contains dairy and gluten)

Sides
Roast Potatoes
Green Beans
Floret Medley

Snack Choice
Jacket Potatoes with
Baked Beans

Daily Salad Bar

Dessert
Jam Tart with Custard
(Tart contains dairy, eggs and
gluten, custard contains dairy)

Fresh Fruit
Fruit Salad
Yoghurt

Friday

Dish of the day
Fish Fingers
(contains gluten)
with Tomato Ketchup

Vegetarian option
Vegetable Stroganoff with Rice
(contains dairy)

Sides
Chips
Baked Beans
Peas

Snack Choice
Pasta Dish Of The Day
(contains gluten)

Daily Salad Bar

Dessert
Ice Cream
(contains dairy)

Fresh Fruit
Fruit Salad
Yoghurt