

High Five



Weekly Menu

Week 4



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Entree of the Day</p> <p>Tuna Pasta Bake</p> <p>Or</p> <p>Cauliflower Cheese</p>	<p>Entree of the Day</p> <p>Crispy Breaded Chicken Fillets served with Tomato Ketchup</p> <p>Or</p> <p>Vegetable Moussaka</p>	<p>Entree of the Day</p> <p>Traditional Beef Casserole</p> <p>Or</p> <p>Spinach and Cheese Lasagne</p>	<p>Entree of the Day</p> <p>Roast Turkey Breast served with Cranberry Sauce and Gravy</p> <p>Or</p> <p>Mexican Vegetable and Bean Wraps</p>	<p>Entree of the Day</p> <p>Home Made Cheese and Tomato or Meat feast Pizza</p> <p>Or</p> <p>Home Made Fish Cakes</p>
<p>Snack Option</p> <p>Jacket Potato</p> <p>Served with a Choice of Hot Fillings or your choice from the Salad Bar</p>	<p>Snack Option</p> <p>Pasta</p> <p>Served with a Choice of Sauces and Garlic Bread</p>	<p>Snack Option</p> <p>Jacket Potato</p> <p>Served with a Choice of Hot Fillings or your choice from the Salad Bar</p>	<p>Snack Option</p> <p>Pasta</p> <p>Served with a Choice of Sauces and Garlic Bread</p>	<p>Snack Option</p> <p>Jacket Potato</p> <p>Served with a Choice of Hot Fillings or your choice from the Salad Bar</p>
<p>Daily Salad Bar</p> <p>With a Selection of Home cooked Meats & freshly Prepared Salads</p>	<p>Daily Salad Bar</p> <p>With a Selection of Home cooked Meats & freshly Prepared Salads</p>	<p>Daily Salad Bar</p> <p>With a Selection of Home cooked Meats & freshly Prepared Salads</p>	<p>Daily Salad Bar</p> <p>With a Selection of Home cooked Meats & freshly Prepared Salads</p>	<p>Daily Salad Bar</p> <p>With a Selection of Home cooked Meats & freshly Prepared Salads</p>
<p>Dessert</p> <p>Pears and Chocolate Sauce</p> <p>Or</p> <p>Fresh Fruit Salad</p> <p>Or</p> <p>Whole Fruit</p> <p>Or</p> <p>Plain or Fruit Yoghurt</p>	<p>Dessert</p> <p>Fruit Crumble with Custard</p> <p>Or</p> <p>Fresh Fruit Salad</p> <p>Or</p> <p>Whole Fruit</p> <p>Or</p> <p>Plain or Fruit Yoghurt</p>	<p>Dessert</p> <p>Sponge of the Day with Custard</p> <p>Or</p> <p>Fresh Fruit Salad</p> <p>Or</p> <p>Whole Fruit</p> <p>Or</p> <p>Plain or Fruit Yoghurt</p>	<p>Dessert</p> <p>Baked Jam Roly Poly with Custard</p> <p>Or</p> <p>Fresh Fruit Salad</p> <p>Or</p> <p>Whole Fruit</p> <p>Or</p> <p>Plain or Fruit Yoghurt</p>	<p>Dessert</p> <p>Ice Cream</p> <p>Or</p> <p>Fresh Fruit Salad</p> <p>Or</p> <p>Whole Fruit</p> <p>Or</p> <p>Plain or Fruit Yoghurt</p>
<p>Morning Snack</p> <p>Freshly Cut Fruit</p> <p>Homemade Cake or Biscuit with Milk or Water</p> <p>Afternoon Snack</p> <p>Savoury Snack and Fresh Fruit served with Fruit Squash or Water</p>	<p>Morning Snack</p> <p>Freshly Cut Fruit</p> <p>Homemade Cake or Biscuit with Milk or Water</p> <p>Afternoon Snack</p> <p>Savoury Snack and Fresh Fruit served with Fruit Squash or Water</p>	<p>Morning Snack</p> <p>Freshly Cut Fruit</p> <p>Homemade Cake or Biscuit with Milk or Water</p> <p>Afternoon Snack</p> <p>Savoury Snack and Fresh Fruit served with Fruit Squash or Water</p>	<p>Morning Snack</p> <p>Freshly Cut Fruit</p> <p>Homemade Cake or Biscuit with Milk or Water</p> <p>Afternoon Snack</p> <p>Savoury Snack and Fresh Fruit served with Fruit Squash or Water</p>	<p>Morning Snack</p> <p>Freshly Cut Fruit</p> <p>Homemade Cake or Biscuit with Milk or Water</p> <p>Afternoon Snack</p> <p>Savoury Snack and Fresh Fruit served with Fruit Squash or Water</p>